

WELCOME TO THE 32ND ANNUAL AUTUMNFEST

OCTOBER 2, 2010

FUN RUN & HEALTH WALK

Start time: 9:30am

Groups Male—14 and under Female—14 and under
Male—15 and older Female—15 and older

Awards: Plaques to First Place male 14 and under
& First Place male 15 and older
Plaques to First Place female 14 and under
& First Place female 15 and older
Ribbons to all participants

*** no duplicate awards ***

5 K RACE

Start time: approx. 9:50am

Groups Male—12 and under, 13-17, 18-29, 30-39, 40-49,
50-59, 60+
Female—12 and under, 13-17, 18-29, 30-39, 40-
49, 50-59, 60+

Awards: Plaques to 1st 2nd & 3rd overall for male runners
Plaques to 1st 2nd & 3rd overall for female runners
Medals awarded to 1st 2nd 3rd place finisher in
each age group *** no duplicate awards ***



Southern Pines
Festival of Running Championships
Walk - Run - Race
Southern Pines, North Carolina
Saturday, October 2, 2010

5K RACE

CHRONOMIX timing will be used. ALL runners are required to pick up 'place cards' at the finishing chute and return the card to the 'finish line' desk for accurate results. Split times will be called at each mile mark. Aid stations are provided along the race route. Times will be posted on the Southern Pines website within one week at www.southernpines.net/recreation/athletics.aspx

REGISTRATION INFORMATION

(All Entry Fees are Non-Refundable)

Pre-registration may be done by completing the attached entry form and sending it to: Autumnfest, 482 E. Connecticut Avenue, Southern Pines, N.C. 28387. Participation fee of \$10.00 is due at the time of registration for 5K and includes the Autumnfest commemorative T-shirt and race entry fee. T-shirts guaranteed to first 150 who pre-register prior to **FRIDAY, SEPTEMBER 24, 2010**. Late registration after September 25, 2010 for 5K race is \$15.00! The 1 mile Fun Run & Walk race is free. T-shirts available on race day for \$6.00. Make checks payable to Southern Pines Recreation and Parks Department. Pre-registered 5K race participants may pick up packets with race numbers at 8:30 a.m. on race day at the registration table. Race day registration will be available from **8:30-9:15 a.m.** at the Rainey Shelter- Downtown Park. Race numbers must be worn during the 5K race on front of each runner.

ARTS, CRAFTS & ENTERTAINMENT

An arts and crafts fair and entertainment will be ongoing from 9:00 a.m. until 4:00 p.m. in Downtown Park. There will be plenty of food, music and entertainment. Bring the whole family for a fun-filled day in downtown Southern Pines!

FOR MORE INFORMATION

Call Southern Pines Recreation & Parks Department at (910) 692-2463.
Email address: rybarczyk@southernpines.net
Web Site: www.southernpines.net/recreation

AUTUMNFEST RACE REGISTRATION FORM

Fee: \$10.00 registration prior to Friday Sept. 24, 2010 @ 5:00pm
Fee \$15.00 late registration and day of race
T-Shirts are \$6.00 @ Fun Run

Date Paid ___ / ___ / 2010 Phone: (___) ___ - ___

(Last Name) (First Name) (Middle Initial)

(Mailing Address)

(City) (State) (Zip)

Email: _____

MALE or FEMALE DOB: ___ / ___ / ___ AGE: ___

SELECT RACE ENTRY:

1 Mile Fun Run & Health Walk _____ 5K _____

CHOOSE SHIRT SIZE: S M L XL XXL

ASSUMPTION OF RISK

This waiver must be signed by all registrants

I am aware that Road Race Activities are hazardous and I am voluntarily participating in these activities with knowledge of the dangers involved and hereby agree to accept any and all risks of injury or death suffered by me as a result of my participation in these activities. PLEASE INITIAL _____. I have carefully read this agreement and fully understand its concerns. I am aware that this is a release of liability and photos/digital images taken and a contract between myself and the activity(ies) sponsored by the Southern Pines Recreation & Parks Department/Arts Council of Moore County and/or its affiliated organizations and sign is of my own free will.

SIGNATURE

DATE _____
(Parent signature if under 18 years Old)